

Our Services

Issue One : 2013



Providing you with

- Learning Disabilities care
- Mental Health Care
- Live in care
- Home care

Get in touch

0193 225 3321
0776 961 0005
info@gablehealthcare.co.uk

Live in/Home Care

Setting the pace in equipping and empowering you to live independently in your home.

Why choose us?

As a leading homecare provider to people in care need, Gable Healthcare is widely recognised for offering a high quality standard of personal, social and domestic support, enabling service users to remain comfortably independent in their own homes. Everybody's needs are very different, so the service we provide will be tailored to your specific requirements to allow our service users to lead more fulfilling lives, whatever their health and social care needs are.

- **Personal Care**

Our personal care can include help with washing, bathing, toileting, getting into and out of bed, feeding, hair care, oral and general hygiene.

- **Social Care**

Our social can include assisting with maintaining personal social contact, assisting in making appointments, paying bills, letter writing and telephone calls, reading, taking part in conversations and social skills. Attending church and cultural events, Swimming, Going to the pub, Dancing, Eating out.

- **Live-in Carers**

Providing carers who will live in the comfort and familiarity of your own home with a full-time Live In carer, professionally trained and experienced, doing all the things that need to be done and being a full-time companion and assist with the full ranges of care and duties.

- **Domestic Care**

Assisting with laundry, cleaning, ironing, meal preparation, shopping and collecting pensions and prescriptions. (care workers will provide care to relieve family members

Our services

We currently provide domiciliary care to a range of people including:

- Older people
- People living with dementia
- People living with physical disabilities
- People with Learning Disabilities
- People with sensory impairment
- People living with Mental Health Needs
- People living with an acquired brain injury (ABI)
- People living with HIV
- People with Specialist Care Requirements

We also delivering 24 hour homecare services to people with mental health needs and living with chronic disease or disability resulting from accidents.

Referrals sources

We take referrals from all sources including self, family and friends, GP's social services and Community Mental health Recovery Services. Clients discharged from Mental health services or hospital.

Mental health

Our clients are those who, because of increasing age or disability, find it difficult to cope with social, domestic responsibilities and their own personal care. We provide highly personalised care to:

- People living Dementia Alzheimer
- Older people
- People living with Mental Health Needs
- People living with physical and Learning disabilities

Our services

Some of the things we support with

- Making and Escort to Appointments
- Support with Benefits and Filling Forms
- Someone to talk with/ to share a smile on, a daily basis
- Shopping and Paying Bills
- Prescription/Pension Collection/post office
- Practical tasks Cleaning and tidying your home
- Assisting with Maintaining Social Contact
- Assisting with attending Day Care Centres
- Preparation of meals
- We offer information, advice, guidance, and support.
- We support people to maintain a family and social life, avoiding loneliness or isolation.
- We offer 1:1
- Personal care – bathing and general hygiene care.
- Facilitate discharge from hospital

Gable Healthcare Services is committed to providing a service that enables our Service Users to access local community activities such as Day centres, C.A.B, Religious groups, GP surgeries and social groups.



Referrals sources

We take referrals from all sources including self, family and friends, GP's social services and Community Mental health Recovery Services. Clients discharged from Mental health services or hospital.

Learning disabilities

Promoting social inclusion, recovery and improvement of the quality of life

Community enabling services

To provide improved support for clients and their relatives
Prevent hospital admissions
Facilitate discharge from hospital
Enabling people to remain living at home by delivering person centred care; with a flexible outcome based approach



What we do

Our services specialise in providing highly personalised care and support to people with varying degrees of Mental Health needs, learning disabilities, physical disabilities and complex needs.

Our aim is to provide a service that is user-led which promotes community integration/social inclusion and enables Service Users to lead a fulfilled and independent life. Our staff helps individuals to access activities (i.e Day centres, social groups) based around individual abilities preferences and choice most of which are centred around social and leisure activities.



Our services

Some of the things we support with

- Making and Escort to Appointments
- Support with Benefits
- Someone to talk with/ to share a smile on a daily basis
- Filling Forms
- Escorted Shopping
- Feeding Pets
- Prescription/Pension Collection
- Telephone calls/Reading Assistance
- Paying Bills
- Spending some time at a day centre
- Writing Letters
- Companionship and sitting services
- Everyday help around the home
- Light Housework(Laundry / Ironing
- Cleaning Toilet / Bathroom)
- Assisting with Maintaining Social Contact
- Assisting with Attending Clubs / Day Care Centres
- Cleaning and tidying your home
- Attending church and cultural events
- Preparation of meals

Referrals sources

We take referrals from all sources including self, family and friends, GP's social services and Community Mental health Recovery Services. Clients discharged from Mental health services or hospital.

A service you can trust

We provide well-trained highly experienced nurses and support workers for all your care needs. All our carers are reliable, professional, caring, approachable and Disclosure and Barring Service (DBS) checked (previously Criminal Records Bureau (CRB)) for your safety. Gable healthcare is regulated by the Care Quality Commission and is a member of the Surrey Care Association and also works in partnership with Local Authorities, Social Services.

Benefits of using us

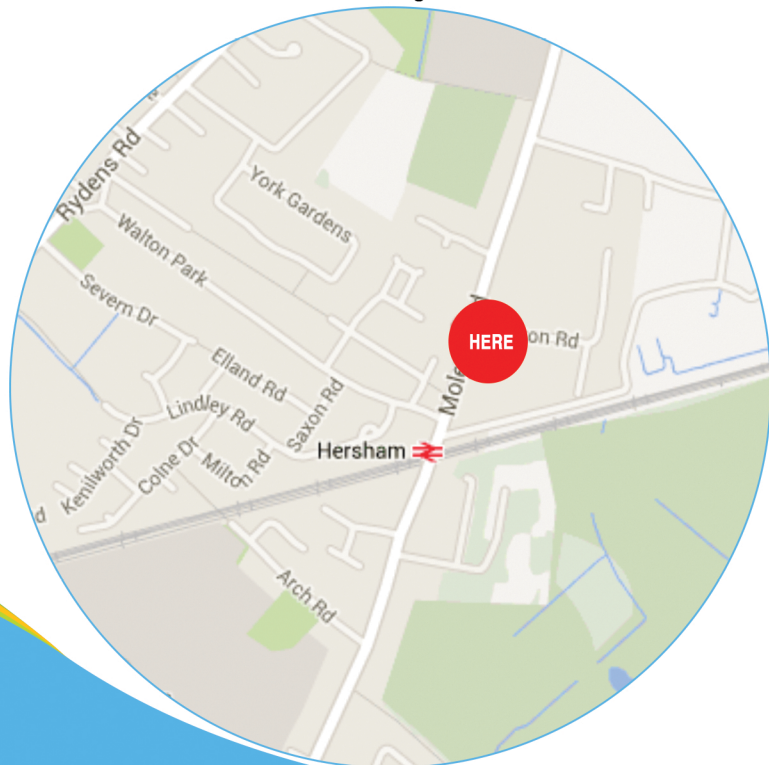
- Consistency and continuity of care
- Live independently and safely in your own home
- Have as much choice and control over your life as possible
- Quick to respond

We can provide assistance from as little as 15 minutes, simply to check everything is fine, all the way up to a 24-hr a day, seven days week service, depending on your needs.

To contact us:

Gable Healthcare Services
ALFA House,
Molesey Road,
Walton-On-Thames,
Surrey,
KT12 3PD

Tel : 019 3225 3321
Mobile: 078 0942 8407
Mobile: 077 6961 0005 (24 hours line)
E-mail : info@gablehealthcare.co.uk



For a free home visit consultation, assessment and quotation, please call us on : **019 3225 3321**